

UNITED STATES DISTRICT COURT  
WESTERN DISTRICT OF WASHINGTON  
AT TACOMA

JODIE W.,

Plaintiff,

V.

COMMISSIONER OF SOCIAL SECURITY,

Defendant.

Case No. C20-5117-MLP

## ORDER

## I. INTRODUCTION

Plaintiff seeks review of the denial of her application for Supplemental Security Income. Plaintiff contends the administrative law judge (“ALJ”) erred in discounting her testimony, certain medical opinions, and a lay statement. (Dkt. # 16 at 1.) As discussed below, the Court AFFIRMS the Commissioner’s final decision and DISMISSES the case with prejudice.

## II. BACKGROUND

Plaintiff was born in 1975, has an 11th-grade education and a GED, and has worked as a bartender, childcare provider, hotel housekeeper, and waitress. AR at 68, 259. Plaintiff was last gainfully employed in May 2015. *Id.* at 259.

In November 2015, Plaintiff applied for benefits, alleging disability as of May 8, 2015. AR at 222-27. Plaintiff's application was denied initially and on reconsideration, and Plaintiff

1 requested a hearing. *Id.* at 124-32, 136-45. After the ALJ conducted a hearing in November 2018  
2 (*id.* at 38-103), the ALJ issued a decision finding Plaintiff not disabled. *Id.* at 17-32.

3 Utilizing the five-step disability evaluation process,<sup>1</sup> the ALJ found:

4 Step one: Plaintiff has not engaged in substantial gainful activity since the application  
date.

5 Step two: Plaintiff has the following severe impairments: lumbar spine degenerative disc  
6 disease, left knee internal derangement, major depressive disorder, and post-traumatic  
7 stress disorder.

8 Step three: These impairments do not meet or equal the requirements of a listed  
impairment.<sup>2</sup>

9 Residual Functional Capacity: Plaintiff can perform light work with additional  
10 limitations: she can stand/walk for 30 minutes at a time and four hours total in an  
11 eight-hour workday. She can sit for two hours at a time and six hours total in an  
12 eight-hour workday. She can occasionally forward bend, stoop, and kneel. She can less  
13 than occasionally squat and crawl. She can work in an environment that is not a  
14 dangerous industrial setting. She can work in an environment that does not involve  
15 working at unprotective heights or commercial driving. She can understand, remember,  
16 and apply new, simple and detailed instructions. She can perform work that has a  
17 somewhat predictable work routine and does not involve unusual work stressors. She can  
18 perform work that does not involve frequent, significant changes in the work routine or  
19 environment. She can have routine, perfunctory social interaction with supervisors,  
20 co-workers, and the public.

21 Step four: Plaintiff cannot perform past relevant work.

22 Step five: As there are jobs that exist in significant numbers in the national economy that  
23 Plaintiff can perform, Plaintiff is not disabled.

AR at 17-32.

As the Appeals Council denied Plaintiff's request for review, the ALJ's decision is the  
Commissioner's final decision. AR at 1-6. Plaintiff appealed the final decision of the  
Commissioner to this Court. (Dkt. # 4.)

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<sup>1</sup> 20 C.F.R. § 416.920.

<sup>2</sup> 20 C.F.R. Part 404, Subpart P, Appendix 1.

### III. LEGAL STANDARDS

Under 42 U.S.C. § 405(g), this Court may set aside the Commissioner’s denial of social security benefits when the ALJ’s findings are based on legal error or not supported by substantial evidence in the record as a whole. *Bayliss v. Barnhart*, 427 F.3d 1211, 1214 (9th Cir. 2005). As a general principle, an ALJ’s error may be deemed harmless where it is “inconsequential to the ultimate nondisability determination.” *Molina v. Astrue*, 674 F.3d 1104, 1115 (9th Cir. 2012) (cited sources omitted). The Court looks to “the record as a whole to determine whether the error alters the outcome of the case.” *Id.*

“Substantial evidence” is more than a scintilla, less than a preponderance, and is such relevant evidence as a reasonable mind might accept as adequate to support a conclusion. *Richardson v. Perales*, 402 U.S. 389, 401 (1971); *Magallanes v. Bowen*, 881 F.2d 747, 750 (9th Cir. 1989). The ALJ is responsible for determining credibility, resolving conflicts in medical testimony, and resolving any other ambiguities that might exist. *Andrews v. Shalala*, 53 F.3d 1035, 1039 (9th Cir. 1995). While the Court is required to examine the record as a whole, it may neither reweigh the evidence nor substitute its judgment for that of the Commissioner. *Thomas v. Barnhart*, 278 F.3d 947, 954 (9th Cir. 2002). When the evidence is susceptible to more than one rational interpretation, it is the Commissioner’s conclusion that must be upheld. *Id.*

## IV. DISCUSSION

## A. The ALJ Did Not Err in Discounting Plaintiff's Subjective Testimony

The ALJ summarized Plaintiff's subjective allegations and explained that he discounted them because: (1) the objective medical evidence did not corroborate her allegations of disabling physical limitations and the record instead contains many normal findings or mild findings that required only routine, conservative treatment; (2) the treatment record shows that Plaintiff's

1 mental symptoms were effectively managed with medications and therapy, and that any  
2 persisting limitations are not disabling; (3) the record contains evidence of Plaintiff exaggerating  
3 her symptoms in order to obtain benefits, by reporting symptoms to DSHS examiners that she  
4 did not report to treating providers; (4) Plaintiff made inconsistent statements regarding why she  
5 stopped working; (5) the record contains evidence of Plaintiff's drug-seeking behavior; and (6)  
6 Plaintiff's activities are inconsistent with her allegations of needing to lie down throughout the  
7 day, needing to rely on her significant other to handle household chores, and being unable to  
8 walk unaccompanied. AR at 22-28.

9 In the Ninth Circuit, an ALJ must provide clear and convincing reasons to discount a  
10 claimant's testimony. *See Burrell v. Colvin*, 775 F.3d 1133, 1136-37 (9th Cir. 2014). Plaintiff  
11 challenges most of the ALJ's reasons, and the Court will consider her arguments in turn.

12 1. *Activities*

13 First, Plaintiff argues that her daily activities were consistent with the mental limitations  
14 outlined in the DSHS psychological opinions, and thus the ALJ erred in finding an inconsistency  
15 between Plaintiff's allegations and her activities. (Dkt. # 16 at 15.) But the ALJ identified  
16 inconsistencies between Plaintiff's *physical* allegations and her activities: the ALJ noted that  
17 Plaintiff testified that she needed to lie down and rest and ice her back throughout the day, and  
18 therefore, relied on her significant other to complete household chores, and could not walk  
19 unaccompanied due to a fear of falling. *See* AR at 51-53. The ALJ contrasted that testimony with  
20 Plaintiff's report that she was able to complete her daily activities independently, manage her  
21 self-care, cook simple meals, perform household chores, and shop. *Id.* at 28 (citing *id.* at 240-42,  
22 378, 488, 772). The ALJ reasonably found these activities to be inconsistent with Plaintiff's  
23 testimony that her pain required her to lay down to rest and ice throughout the day.

1       The ALJ also noted that Plaintiff's gait was consistently normal and there were no  
 2 references to walking difficulties in the record. AR at 28 (citing *id.* at 496, 500, 504, 682). The  
 3 ALJ reasonably found this evidence to be inconsistent with Plaintiff's alleged inability to walk  
 4 unaccompanied.

5       Because the ALJ pointed to specific activities that were inconsistent with Plaintiff's  
 6 alleged physical limitations, Plaintiff has not shown error in the ALJ's reasoning. *See Orn v.*  
 7 *Astrue*, 495 F.3d 625, 639 (9th Cir. 2007) (activities may undermine a claimant's allegations  
 8 where they (1) contradict the claimant's testimony or (2) "meet the threshold for transferable  
 9 work skills"). Whether Plaintiff's activities were "representative of the rigors of the work world"  
 10 (dkt. # 16 at 15) is irrelevant to the ALJ's identification of inconsistencies between her  
 11 allegations and her activities.

12           2.       *Why Plaintiff Stopped Working*

13       The ALJ discounted Plaintiff's allegation of disability because she gave varying  
 14 explanations for why she stopped working, some of which were unrelated to her impairments.  
 15 *See* Social Security Ruling 82-61, 1982 WL 31387, at \*1 (Jan. 1, 1982) ("A basic program  
 16 principle is that a claimant's impairment must be the primary reason for his or her inability to  
 17 engage in substantial gainful work."). Specifically, the ALJ noted that Plaintiff told her therapist  
 18 in May 2015 (the month that she contends she became disabled) that she left her job and home to  
 19 escape from her husband's verbal and sexual abuse. *See* AR at 336. Plaintiff contends, without  
 20 further explanation or citation to authority, that these circumstances constitute "reasons of  
 21 disability for leaving her former work." (Dkt. # 16 at 16.) Plaintiff has not explained how her  
 22 need to leave her husband is related to an impairment, and thus has not shown that the ALJ erred  
 23 in relying on this reasoning, along with other reasons, to discount her testimony.

1                   3.        *Drug-seeking Behavior*

2                   The ALJ found that the record contained evidence that Plaintiff engaged in drug-seeking  
 3 behavior, citing notes suggesting that Plaintiff specifically requested a prescription for  
 4 benzodiazepines and/or narcotics. AR at 28 (citing *id.* at 675, 693-94, 696, 700-702). Plaintiff  
 5 argues that most of the notes only indicate her providers' refusal to prescribe narcotics, but do  
 6 not document her requests for the medications. (Dkt. # 16 at 16.) That one provider repeatedly  
 7 documented her refusal to provide narcotics reasonably suggests that Plaintiff requested them,  
 8 however, particularly because the refusals post-date Plaintiff's initial request. *See* AR at 694,  
 9 696, 700-702. The ALJ's interpretation of this evidence is reasonable and the ALJ did not err in  
 10 relying on it to discount Plaintiff's testimony. *See Massey v. Comm'r of Social Sec. Admin.*, 400  
 11 Fed.App'x. 192, 194 (9th Cir. Oct. 19, 2010) (ALJ's interpretation of record that claimant  
 12 engaged in drug-seeking behavior is a clear and convincing reason for disregarding his  
 13 testimony).

14                   4.        *Exaggeration/Secondary Gain*

15                   The ALJ found that Plaintiff reported more symptoms (hallucinations, suicidal ideation,  
 16 panic attacks) when she was evaluated by DSHS examiners than she reported to treating  
 17 providers, and found that this exaggeration constituted evidence of a secondary gain motivation.  
 18 AR at 27-28, 378, 488, 772.

19                   Plaintiff contends that the DSHS examiners did not find any evidence of malingering or  
 20 secondary gain motivation, and thus the ALJ erred in relying on their opinions as evidence of  
 21 secondary gain. (Dkt. # 16 at 17.) Plaintiff misses the ALJ's point: the ALJ noted that Plaintiff  
 22 reported symptoms during evaluations related to benefits eligibility that she did not report  
 23 elsewhere. AR at 27-28. The DSHS examiners did not have access to Plaintiff's treatment

1 records, and thus were not aware of this discrepancy and therefore could not have commented on  
2 it. Regardless of whether Plaintiff's exaggeration of symptoms to DSHS examiners  
3 unequivocally demonstrates a secondary gain motivation, this type of inconsistency is itself a  
4 convincing reason to discount a claimant's testimony. *See Greger v. Barnhart*, 464 F.3d 968, 972  
5 (9th Cir. 2006) (ALJ may consider a claimant's inconsistent or non-existent reporting of  
6 symptoms). Thus, the Court finds that this line of reasoning reasonably supports the ALJ's  
7 assessment of Plaintiff's testimony.

8           5.       *Improvement with Treatment*

9           The ALJ found that Plaintiff's mental health symptoms were "effectively managed with  
10 medications and therapy[.]" but that she did experience symptom flares due to situational  
11 stressors such as family conflicts and housing instability. AR at 27. The ALJ did include RFC  
12 limitations to address Plaintiff's stress tolerance and social deficits. *Id.*

13           Plaintiff disputes that her symptoms improved, citing treatment notes from the beginning  
14 and end of her treatment with Elaine Pichette, ARNP, in her opening brief. (Dkt. # 16 at 17-18  
15 (citing AR at 336, 469).) As noted by the Commissioner and admitted by Plaintiff on reply,  
16 Plaintiff's opening brief mischaracterizes the record and cites a 2013 note as the "last visit of  
17 record," when in fact Plaintiff continued to see Ms. Pichette until at least April 2016. *See* AR at  
18 433-35. In April 2016 (the last treatment note with Ms. Pichette), Plaintiff reported to Ms.  
19 Pichette that she was doing well but needed medication refills, and Ms. Pichette rated Plaintiff's  
20 Global Assessment of Functioning score as 65-70, which indicates that she had some symptoms  
21 but was "generally functioning pretty well[.]" *See* Diagnostic and Statistical Manual of Mental  
22 Disorders 34 (4th ed. 2000). This note would suggest that Plaintiff's condition did improve when  
23 she was getting treatment, as the ALJ found. That a DSHS examiner described Plaintiff as

1 experiencing not much improvement after six years of treatment with Ms. Pichette (AR at 490)  
2 does not undermine the ALJ’s decision because the examiner did not have access to Ms.  
3 Pichette’s treatment notes and Plaintiff herself reported to providers that her symptoms improved  
4 while she was seeing Ms. Pichette. *See id.* at 631.

5 Ms. Pichette subsequently died, and Plaintiff did not reengage with treatment until  
6 October 2017. *See AR at 626.* Plaintiff’s treatment notes from October 2017 through June 2018  
7 are not inconsistent with the ALJ’s characterization, either. *See id.* at 644-74. At the beginning of  
8 this treating relationship, Plaintiff had not been receiving treatment for some time, but reported  
9 that she had “successfully worked with [Ms. Pichette] for 6 years. She reports that counseling  
10 and adjunctive medication helped to relieve her symptoms.” *Id.* at 631. By the time of the most  
11 recent therapy notes, Plaintiff’s appearance, affect, and thought content were described as  
12 “appropriate” and the therapist found Plaintiff to be “engaged, participates and is receptive to []  
13 feedback.” *Id.* at 645. At the penultimate therapy session in the record, Plaintiff report that she  
14 was “feeling alright.” *Id.* at 647. Thus, Plaintiff has failed to show that the ALJ erred in finding  
15 that Plaintiff’s symptoms improved when she was engaged with treatment.

16 Because Plaintiff has failed to show that any of the ALJ’s reasons to discount her  
17 testimony are erroneous, the Court rejects this assignment of error.

18 **B. The ALJ Did Not Err in Discounting Plaintiff’s Fiancé’s Statement**

19 Plaintiff’s fiancé, Jermaine King, wrote a statement in September 2018 describing  
20 Plaintiff’s physical and mental symptoms and limitations. AR at 314-15. The ALJ summarized  
21 Mr. King’s statement and explained that he discounted it because Mr. King described physical  
22 symptoms were not consistent with the objective medical record, and because the record also  
23 showed that Plaintiff’s mental symptoms improved with treatment. *Id.* at 30-31. The ALJ also

1 noted that although Mr. King wrote that he is essentially her caregiver and she cannot even take  
 2 showers independently (*id.* at 314), the record shows that Plaintiff reported an ability to complete  
 3 basic activities of daily living. *Id.* at 31.

4 An ALJ's reasons to discount a lay statement must be germane. *See Dodrill v. Shalala*, 12  
 5 F.3d 915, 919 (9th Cir. 1993) ("If the ALJ wishes to discount the testimony of the lay witnesses,  
 6 he must give reasons that are germane to each witness."). Plaintiff argues that the ALJ's  
 7 reasoning was not germane, although she provides no challenge to the ALJ's reasoning (and in  
 8 fact completely omits this line of reasoning from her quotation of the ALJ's decision) with  
 9 respect to her physical symptoms. (*See* Dkt. # 16 at 13.) That line of reasoning is germane and  
 10 constitutes a valid reason to discount Mr. King's statement. *See Lewis v. Apfel*, 236 F.3d 503,  
 11 511 (9th Cir. 2001) ("One reason for which an ALJ may discount lay testimony is that it conflicts  
 12 with medical evidence.").

13 The challenged reasons are also germane. As explained *supra*, with respect to Plaintiff's  
 14 testimony, the ALJ reasonably found that Plaintiff's mental symptoms improved with treatment  
 15 and that Plaintiff's activity level was less restricted than Mr. King described. These are valid  
 16 reasons to discount Plaintiff's testimony as well as Mr. King's statement. *See Lewis*, 236 F.3d at  
 17 511; *Carmickle v. Comm'r of Social Sec. Admin.*, 533 F.3d 1155, 1164 (9th Cir. 2008)  
 18 (inconsistency between a lay statement and evidence of a claimant's activities is a germane  
 19 reason to discount a lay statement).

20 Accordingly, the Court finds no error in the ALJ's discounting of Mr. King's statement.

21 **C. The ALJ Did Not Err in Discounting the DSHS Opinions**

22 Because Plaintiff applied for disability before March 27, 2017, the regulations set forth in  
 23 20 C.F.R. § 416.927 apply to the ALJ's consideration of medical opinions. Where not contradicted

1 by another doctor, a treating or examining doctor's opinion may be rejected only for "clear and  
 2 convincing" reasons. *Lester v. Chater*, 81 F.3d 821, 830 (9th Cir. 1996) (quoting *Baxter v. Sullivan*,  
 3 923 F.2d 1391, 1396 (9th Cir. 1991)). Where contradicted, a treating or examining doctor's opinion  
 4 may not be rejected without "'specific and legitimate reasons' supported by substantial evidence  
 5 in the record for so doing." *Lester*, 81 F.3d at 830-31 (quoting *Murray v. Heckler*, 722 F.2d 499,  
 6 502 (9th Cir. 1983)).

7 Plaintiff underwent DSHS examinations in October 2015 (performed by Tasmyn Bowes,  
 8 Psy.D.); September 2017 (performed by Terilee Wingate, Ph.D.); and October 2018 (performed  
 9 by Dr. Wingate). AR at 376-89, 487-94, 771-79. Dr. Bowes's opinion was also reviewed by a  
 10 DSHS non-examining provider, Steven Johansen, Ph.D., to determine Plaintiff's eligibility for  
 11 benefits. *Id.* at 475-81.

12 The ALJ referenced two of the same reasons to discount all of these opinions: the ALJ  
 13 found that the opinions were undermined because Plaintiff reported symptoms to the DSHS  
 14 examiners that she did not report to her providers, and her treatment notes showed improvement  
 15 with treatment. AR at 29-30. As discussed above, the Court finds that these reasons undermined  
 16 the reliability of Plaintiff's self-reporting, and equally undermine the reliability of the DSHS  
 17 opinions, which relied on Plaintiff's self-reporting. These reasons are legally sufficient to support  
 18 the ALJ's assessment of the medical opinions.<sup>3</sup> See, e.g., *Chaudhry v. Astrue*, 688 F.3d 661, 671  
 19 (9th Cir. 2012) (affirming an ALJ's discounting of a physician's opinion where the opinion was  
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22 <sup>3</sup> Plaintiff argues that the DSHS opinions are uncontested because the ALJ rejected contrary State  
 23 agency opinions, and thus the ALJ's reasons to discount the DSHS opinions must be clear and  
 convincing. (Dkt. # 16 at 6.) That the ALJ rejected a contrary opinion does not mean that the opinion  
 ceases to exist in the record, and thus the ALJ's rejection does not eliminate the conflict between the  
 opinions. Moreover, even if the DSHS opinions were considered uncontradicted, the ALJ's reasons are  
 clear and convincing and therefore sufficient.

1 based on the claimant's inaccurate self-report); *Thomas*, 278 F.3d at 957 (ALJ may consider  
2 improvement with treatment in discounting physician's opinion).

3 Because the ALJ provided legally sufficient reasons to discount the DSHS opinions, the  
4 Court affirms the ALJ's assessment of these opinions.

5 **V. CONCLUSION**

6 For the foregoing reasons, the Commissioner's final decision is **AFFIRMED**, and this  
7 case is **DISMISSED** with prejudice.

8 Dated this \_ day of March, 2021.

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12 MICHELLE L. PETERSON  
13 United States Magistrate Judge  
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